# WE'RE SHATTERING THE STIGMA OF REHAB

At OneSource ARTS we provide leading residential and non-residential addiction and mental health treatment. Many recovery programs focus only on addiction. We have taken a different, more complete path. Empowering our clients to live their fullest lives, we have created a treatment program that incorporates mental, physical, spiritual, and emotional health.

## YOUR TREATMENT PLAN

Addiction treatment at OneSource ARTS begins with a comprehensive, individualized plan developed by an interdisciplinary team of clinicians who meet regularly to review and modify each patient's plan as needed. Our treatment or referral services involve:

- Addiction counseling
- Mental health
- Medical care
- Anti-cravings medication
- Spiritual health
- Wellness & recreation

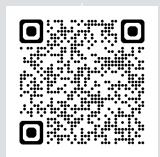
### **LENGTH OF STAY**

The goal for each client is lifelong recovery. As a result, the length of stay for each patient is determined by the patient's interdisciplinary care team as treatment progresses. For many residential clients, an average length of stay is 30 days, but a longer stay may be recommended if clinically appropriate.

## **WE'RE HERE FOR YOU**

Call today to speak with an admissions coordinator to determine if your insurance is accepted.

A FUTURE YOU, BEGINS TODAY.
A FUTURE YOU, BEGINS WITH US.



**OneSeurce** 

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Richmond, Virginia 23225



A PROGRAM OF:

**OneSeurce** 

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### WHO ARE WE?

OneSource ARTS is a Richmond-based rehab center that helps people overcome addiction and become the best versions of themselves. While many drug rehab centers merely focus on treating the symptoms of addiction, we have designed a program that really dives deep into the root cause of addiction. Without uncovering and addressing the root cause, we cannot even begin to help our clients treat their addiction.

#### **FACILITY & PROGRAM FEATURES**

OneSource ARTS High-Intensity ASAM 3.5 program is a 24-hour residential safe haven for substance abuse treatment located within a great community in the South Richmond area of Virginia.

OneSource ARTS Low-Intensity Residential ASAM 3.1 Clinically Managed program offers a secure environment where patients can develop and practice early recovery skills such as resilience and refusal; and prepare for a successful transition to the full community.

OneSource ARTS Partial Hospitalization Program (PHP)ASAM 2.5 offers structured, daytime treatment with therapy, medication support, and skill-building activities like art and music—ideal for those stepping down from residential care or needing more support than outpatient services.

OneSource ARTS Intensive Outpatient Program 2.1 Our IOP offers flexible, part-time **ASAM** treatment with group therapy, individual counseling, and recovery-focused support—ideal for individuals stepping down from higher levels of care or needing more structure than outpatient therapy. Optional shortterm housing and employment assistance are available to support long-term recovery and stability.

- Full-service kitchen and cafeteria Computer Lab, WIFI campus Fitness room, Art therapy room

- TV's in each bedroom
- Dual occupancy rooms

# THE ONESOURCE ARTS **MISSION & APPROACH**

Our mission at OneSource ARTS is to provide each client with compassionate, evidence-based residential and/or outpatient substance abuse treatment on an individualized level.

Persons of Central Virginia who need alcohol and/or substance abuse rehabilitation should be able to stay in the Central Region to get appropriate services. OneSource ARTS (Richmond-based Residential Addiction & Recovery Treatment Service) provides a private, 48-bed residential programforthe provision of addiction and recovery services with adults with co-occurring disorders who seek to overcome addictive behaviors and thinking patterns along with treating their mental health issues.

## **OUR PROGRAM EXISTS TO:**



### HOPE

Give you direction and a strong outlook for the future



### CONNECTION

Help you rediscover yourself and appreciate the positives in your life



### **GROUNDEDNESS**

Walk out of our doors with a stable state of mind and a rekindled fire for life

### **HOLISTIC TREATMENT**

#### WHAT IS HOLISTIC TREATMENT?

Holistic means that our treatment is aligned with the mind, body, and spirit to eradicate addiction and treat co-occurring conditions.

Our holistic therapy is extensive, and it includes psychiatry, fitness, group therapy sessions, music groups, creative writing, meditation, art therapy classes, and so much more. We do not merely focus on the substance abuse; we have constructed a program to mold you into the personyou have always meant to be. We at OneSource ARTS place an emphasis on including holistic practices into a client's daily routine of recovery. From residential care thorough after-care, we offer a program that truly works to heal the mind, body & spirit of each client. By the end of your stay, we want you to feel hopeful, feel connected, and feel grounded. Many clients have come into our doors in a chaotic, lost state. And that is ok.

